



Newsletter

Coburg Special Developmental School

31st July to 11th August 2023

Principal's Report

Hello Community!

Our school review begins this week with the Validation Day on Wednesday. This is a chance for the review panel to look at how the school has rated itself in terms of its achievements over the last four years and how we rated against the targets that were set. Over the day, the panel will do some classroom visit as well as review the data from a range of sources. This will then lead into two field work days on 21st and 22nd August and then the final day on 31st August. It's in the final day that the new goals are set for the new four year strategic plan from the findings across the validations and fieldwork days. Remember that I need a parent forum group on Tuesday, 22nd from 9:00 to 9:45am. Please consider doing this so that the review panel can gauge our families' views on how that school has gone over the last four years and where our opportunities for improvement lie. Contact me via email if you are available.

Also, the 2023 Parent Opinion Survey is now open until 8th September. You would have received the letter with the website and pin number. If you are having trouble accessing the survey, please call the school for support. You can also complete the survey at school if you do not have access to the internet at home. Again, this is a really important way to collect data around our successes and challenges. Participants are not identified in the data.

The two curriculum days are planned around our Professional Learning Communities as a way of re-energising our processes that will support maximised teaching and learning for our students. I thank the community for their continual support of our efforts in making our school the best it can be!

Regards
Warren Tofts

Coburg SDS

31st July to 11th August 2023

Volume 12 Issue 10



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Friday 15 September

Term 3 Ends - 2.00 pm dismissal

Monday 2 October

Staff and students resume

Monday 6 November

Pupil Free Day

Tuesday 7 November

Melbourne Cup Day – Public Holiday

Wednesday 20 December

Students Finish - 1.00pm dismissal

Principal's Report Cont...

Just a few photos of the new school:



Term 3 - Art News from Nadia



We are learning about performance art this term. Some classes have been making instruments, including shakers, drums and rain sticks, to perform music with. Other classes have been making puppet theatre, stick puppets and backdrops for their stages. And other classes have been make costumes.



**A NEW
HOME FOR
NEXUS IN
2023**

CIRCUS NEXUS
1-7 Chifley Drive, Preston

**It's BIG
It's BRIGHT
It's BOLD
...and its local**



Accessible Circus

Access Nexus (All ages)

\$243/\$194– 9 SESSIONS

Are you or someone you know living with a disability? Are you or someone you know also looking for a fun activity to do with your siblings and friends? Join our Access Nexus workshops!

Access Nexus offers you and your favourite crew the opportunity to try all the circus apparatus and build social skills. It is a guided circus class aimed at people with medium to high support needs that increases participants physical and social skills and confidence.

Funded by the Australian Government Department of Social Services

DATES & TIMES:

Saturdays 11:45am-12:45pm, Access Nexus All ages (for those with higher support needs)

REQUIRED EXPERIENCE: NONE. Please note: this class is aimed at people with medium to high support needs and participants are required to be supported by family members, carers or support workers.

NEXUS also offers..

Fridays 5:15 pm - 6:15 pm, Hour of Power 12- 18 (this class is for those with lower support needs and is designed as a spectrum friendly and ADHD friendly class)

PE News from Joanne A



This Term in health and PE we are learning how to be great athletes when participating in games and sports. We have been experiencing a variety of physical education activities and games with simple rules in a range of environments. These include table tennis, basketball, swimming and agility courses. We have also been practicing our coordination, balancing and motor planning skills.





Lunch Order Form

Student Name: _____

Classroom Teacher: _____ Room No: _____

Select the lunch box and return form with money to school on

Monday morning. Lunch order will be delivered on Tuesday.

(Please cross out anything not required from the lunchbox chosen!)

Sweet Treats will be one of the following (rotating): Mini Muffins (Apple or Blueberry), chocolate balls, lemon slice, peppermint slice.

LUNCH BOX A:

\$5.00

4 x cucumber Sticks, 4 x carrot sticks
Cheese squares, Homemade hummus
Crackers or Flat bread Triangles, (SELECT ONE)
 $\frac{1}{2}$ Boiled Egg
Apple, Banana, Orange (SELECT ONE)
Sweet treat



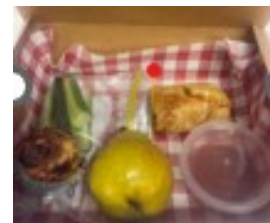
LUNCH BOX B:

\$5.00

Sausage Roll with tomato sauce OR Spinach and Cheese Pinwheel
(Halal or Egg Free) **(PLEASE SELECT ONE ONLY)**

Carrot OR Cucumber sticks (SELECT ONE)
Apple, Banana, Orange (SELECT ONE)
Sweet treat

NOW AVAILABLE
Halal sausage rolls and
Egg Free sausage rolls!



LUNCH BOX C:

\$5.00

Vegetable Frittata (GF) (contains egg, gf flour, cheese, onion, zucchini, capsicum, broccoli, tomato, carrot, roasted pumpkin, feta)
Apple, Banana, Orange (SELECT ONE)
Sweet Treat



LUNCH BOX D:

\$5.00

Sandwich - Fresh or toasted (Circle option)
Cheese and Vegemite OR
ham, cheese, tomato, spinach (select one sandwich)
Cheese, tomato, spinach
Carrot or cucumber sticks (SELECT ONE)
Apple, Banana, Orange (SELECT ONE)
Sweet Treat



LUNCH BOX

\$5.00

Pasta with choice of Napolitana or Alfredo Sauce and
grated cheese
Carrot or Cucumber Sticks
Apple, Banana, Orange (SELECT ONE)
Sweet Treat





Coburg Special Developmental School Café Coburg



SW-PBIS

COMMUNITY ENGAGEMENT

Use of Matrix for 'real life' activities at home.



Coburg Special Developmental School SW-PBIS Teaching Matrix



	Classroom	Playground	Bathroom	Community
<p>I am Building Independence</p> <p>I will try to:</p>	<ul style="list-style-type: none"> • feed myself • pack up • recognize and name my emotions • play an activity by myself • follow class rules 	<ul style="list-style-type: none"> • help pack away • take responsibility for my belongings • play safely with others • play nicely 	<ul style="list-style-type: none"> • wash my hands after meals and toileting • go to the toilet by myself • clean my face 	<ul style="list-style-type: none"> • put my seat belt on and sit on the bus • walk on the footpath • stop at the curb and wait
<p>I am Building Relationships</p> <p>I will try to:</p>	<ul style="list-style-type: none"> • keep my hands and feet to myself • wait for my turn • participate in group activities 	<ul style="list-style-type: none"> • play with someone • share with others • say stop when I need personal space • give personal space • take turns and wait for my turn 	<ul style="list-style-type: none"> • wait until the bathroom is free • respect my own and other's privacy 	<ul style="list-style-type: none"> • respect others • personal space in the community • walk safely • follow road safety skills • recognize people I know
<p>I am Building Communication</p> <p>I will try to:</p>	<ul style="list-style-type: none"> • listen to others • ask for things I want • communicate when I don't want/like something • ask for help • say hello/goodbye to people I know 	<ul style="list-style-type: none"> • make choices • share games and equipment • use supportive words with my friends "great catch!" 	<ul style="list-style-type: none"> • ask to go to the toilet • follow my toileting schedule • seek support when I need it 	<ul style="list-style-type: none"> • stay with the group and follow visuals • follow adult instructions. • speak nicely to members of the public

Happy Birthday

No Birthdays in August



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Term Dates for 2023

Term Three: **10th July – 15th September**

Friday 15/9 Term 3 ends – 2.00pm dismissal

Term Four: **2nd October – 20th December**

Monday 2/10 Staff and students resume

Monday 6/11 Pupil Free Day

Tuesday 7/11 Melbourne Cup Day – Public Holiday

Wednesday 20/12 Students Finish - 1.00pm dismissal



Pupil Free Dates for 2023

Term 4	Monday 6 th November	Pupil Free Day
	Tuesday 7 th November	Melbourne Cup Day Holiday

Inclusive Drama Holiday Program

Ages 6–12: Sept 19–21

Teens (13+): Sept 26–28

Time: 8:30am–3:30pm

Location: Newlands Community Centre, 20 Murray Rd. Coburg North

Helps build:

Emotional well-being

Social Skills

Play

Confidence

Self Expression

Connection with self
& others

Facilitated by a speech
pathologist and play
therapist with guest
artists running art,
movement and
drumming sessions!
Small group sizes.

Sept. Theme: Marvel's Avengers



NDIS
Welcome

For more information & to register:
www.purplecarrots.com.au
0435 089 922



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HEALTH CARE SERVICES

24/7
CONSULTATION

WE TAKE CARE OF
YOUR NEEDS

- SUPPORT CO ORDINATION
- ASSIST WITH TRAVEL & TRANSPORT
- ASSIST WITH HOUSEHOLD CHORES
- ASSISTANCE WITH DAILY TASKS / ACTIVITIES



- ACCOMODATION & TENANCY
- PARTICIPATION IN COMMUNITY ACTIVITIES
- PARTICIPATION IN SOCIAL ACTIVITIES
- GROUP CENTRE BASED ACTIVITIES



WWW.FFHEALTHCARESERVICES.COM

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JOIN THE TEAM

Inclusion Holiday Program

- *Multiple positions available.*
- *Work during School Holiday periods.*
- *Rewarding opportunity to support clients with various support needs.*
- *Supportive and fun environment in a group setting.*
- *Ongoing training and development opportunities provided.*



*Scan the QR Code
to express your interest!*

P: 9407 6200 **W:** Whittlesea.ymca.org.au



Smile Squad

General Information

The friendly Smile Squad dental team will provide Victorian public primary and secondary school students with a free, high quality annual dental health examination and free follow up treatment as needed.

What is included?

At the first appointment (the check-up), Smile Squad will check your child's teeth.

Then, depending on your child's needs, services may include:

- x-rays
- fluoride varnish
- scale and clean
- fissure sealants
- a free dental pack: a toothbrush, toothpaste and information
- advice about dental health and diet



If a child needs more treatment, like a filling, Smile Squad will contact parents/guardians and make a second appointment. These extra treatments are also **completely free**.

The program does not include cosmetic procedures.

What will Smile Squad do?

First, Smile Squad will visit your child's school to check your child's teeth and provide preventive care. This takes about 15 minutes.

If your child doesn't need any extra treatment, Smile Squad will see your child again in 12 months.

If your child needs extra treatment, Smile Squad will send home an individual care plan for you to read. Then, Smile Squad will call you to talk about what your child needs and ask for your consent to the extra treatment. Smile Squad will make a new appointment for your child for the treatment. Usually, this appointment will also be at the school. This treatment is also free.

Students will also receive a free dental pack and education on teeth brushing and healthy eating.

More information on the services provided can be found on the [general information page](#) of this site.

If you have a dental emergency

If you have a dental emergency or require oral health advice, please contact the Royal Dental Hospital Melbourne on [9341 1000](tel:93411000) (outside Melbourne metro call: [1800 833 039](tel:1800833039)) or use the [online community dental clinics search](#) for a list of dental clinics in your area. You may also visit www.dhsv.org.au if you require any further information.

To keep your teeth strong and healthy, eat well, drink tap water, and brush twice a day with fluoride toothpaste.

CSDS will be in touch with Parents when the Smile Squad are going to be at the school.

Information

Forms Available:

Is your child turning 16? Call Centrelink at least 3 months before to get the paperwork for the Pension. Make sure your child has a TAX file number (from the age of 5 years old).

- Is your child in nappies or pull-ups? Make sure you include it in your NDIS plan.
⇒ Taxi - Doctor submits it online.
- Forms are available from the office:
⇒ Companion Card ⇔ We Care ⇔ Disability Parking Permit etc

Wills/Power of Attorney/Guardianship

- ◇ [Protecting Vulnerable Beneficiaries | Moores](#)
- ◇ [Services Australia](#)
- ◇ [Wills & Power of Attorney Services - State Trustees VIC](#)
- ◇ [Home - Association for Children with Disability \(acd.org.au\)](#)
- ◇ [Guardians and administrators | VCAT](#)

NDIS - When your child turns 18 years old, you will need a **Plan Nominee Form** (available from the NDIS office) to speak on your child's behalf.

Emergency Care Plan: Each student should have an Emergency Care Plan in case something happens that carers and other family members can refer to. Extra copies available at the office. **Contact: Angelina on 9354 4366.**

CSDS to join Ritchie's Loyalty Card Program - Help US

Exciting News!

Our Fundraising Partner Ritchies IGA, are launching their new Ritchies Card, incorporating the Community Benefit Program and this will not only benefit our organisation, but also all our members.

The program now has an App for both IOS and Android smart devices. For those members who don't have a smart phone, or would like a physical card, this option is also available and can be linked to the App.

Every month, our organisation will receive 0.5%* of our members' spend in Ritchies Stores PLUS our members will receive special offers and member only specials via the App.

*T&C's apply see <https://www.ritchies.com.au/ritchiescardterms>

Featuring monthly promotions, cheaper prices for you, Collect and Win, as well as games and lots more fun things to do, this is a great opportunity to support our club.

You can download the Apps by scanning the QR codes below - or search for Ritchies in the Apple App Store or Google Play.

Your Club President
John Smith

